

# AUG/SEPTEMBER 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
	Aug 29	Aug 30	Aug 31	Sept 1	Sept 2
<b>Weekly Alternate:</b> Cold Turkey Cheese Sandwich	Sloppy Joe Baked Beans Carrot and Celery sticks w/ Ranch Apples Milk	Beef Tacos Peas and Carrots Cantaloupe Milk	Soup and Salad Roll Grapes Milk Soup of the Day: Italian Wedding	Chicken and Mashed Potato Bowl, Roll Broccoli Oranges Milk	Chicken Alfredo Mixed Veggies Watermelon Milk
<b>Weekly Alternate:</b> Tuna Salad Sandwich	5 NO SCHOOL  LABOR DAY	6. Grilled Chicken Sandwich French Fries Green Beans Apples Milk	7. Soup and Salad Roll Grapes Milk Soup of the Day: Veggie Noodle	8. Pulled Pork Nachos Peas and Carrots Oranges Milk	9. Oven Roasted Chicken Roll Broccoli and Cauli Strawberries Milk
<b>Weekly Alternate:</b> Chicken Quesadilla	12. Cheeseburger Mashed Potato Bowl, Roll Carrot and Celery Sticks w/ Ranch, Oranges Milk	13. Open Faced Hot Turkey Sandwich Broccoli Apples Milk	14. Grilled Cheese and Tomato Soup Salad Grapes Milk	15. Spaghetti w/ Meat Sauce Green Beans Fruit Salad Milk	16. BBQ Pork Sandwich Peas Banana Milk
<b>Weekly Alternate:</b> Egg Salad Sandwich	19. Turkey Pot Pie Peas and Carrots Apples Milk	20. Grilled Chicken Salad w/ Fries Roll Pineapple Milk	21. Soup, Salad Roll Grapes Milk Soup of the Day: Stuffed Pepper	22. Homemade Meatball Sub! Mixed Veggies Cantaloupe Milk	23. Chicken Fajita Bowl w/ Peppers and Onions over Rice Peas and Carrots Oranges Milk
<b>Weekly Alternate:</b> Sloppy Joe	26 Pasta Primavera Roll Peas and carrots Pears Milk	27 Pancakes and Sausage Potatoes Orange Juice Milk	28 Soup and Salad Roll Grapes Milk Soup of the Day: Chicken Noodle	29 Spaghetti Roll Broccoli and Cauli Apples Milk	30 Dominos Pizza Salad Fruit Salad Milk
<p><b>Alternate: Peanut Butter &amp; Jelly or Weekly Alternate</b> <span style="float: right;"><b>Lunch : \$2.95 (includes milk)</b></span></p> <p><b>VOLUNTEERS NEEDED!</b> Please consider helping out with lunch whenever possible. 10:00-1:00 (Valid clearances <i>REQUIRED</i>.)</p> <p><b>Milk: \$.40 (white or chocolate )</b> <span style="float: right;"><b>Please make checks payable to: St. Bernard School Food Service</b></span></p>					