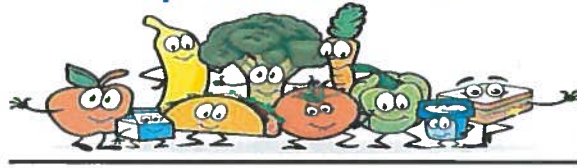



# It's Lunch Time at St. Bernard School

## September 2019



	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Alternate: Hamburger on a bun	2. No School 	3. Shepherd's Pie, Broccoli, Oranges, and Milk	4. Soup, Grilled Cheese Sandwich, Salad, Grapes, and Milk Soup of the Day: Tomato	5. Lasagna, Green beans, Carrots, Applesauce, Breadstick, and Milk	6. Corn Dog, Baked beans, Peas, Fruit, Salad, and Milk
Weekly Alternate: Cold Turkey & Cheese Sandwich	9. Chicken Taco, Black beans, Cantaloupe, and Milk	10. Club Sandwich, Carrot & Celery Sticks w/Ranch, Grapes, Sun Chips, and Milk	11. Open-faced Turkey Sandwich, Mashed potatoes, Baked beans, Fruit Salad, and Milk	12. Soup, Salad, Oranges, and Milk  Soup of the Day: Beef Barley	13. Chef Salad with French Fries, Green beans, Banana, and Milk
Weekly Alternate: Chicken Salad Sandwich	16. Ham BBQ Sandwich, Baked Beans, Apples, and Milk	17. Chicken and Mashed Potato Bowl, Green beans, Strawberries, Roll, and Milk	18. Soup, Salad, Banana, Cornbread, and Milk Soup of the Day: Chili	19. Pancakes, Sausage, Parsley Potatoes, Grapes, and Milk	20. Cheeseburger Pie, Carrots, Fruit Salad, Breadstick, and Milk
Weekly Alternate: BBQ Pulled Pork Sandwich	23. Beef Stew, Broccoli, Peaches, Sun Chips, and Milk	24. Pasta with Meatball, Mixed veggies, Oranges, and Milk	25. Soup, Salad, Tortilla Chips, Pears, and Milk Soup of the Day: Spanish Chicken & Rice	26. Roasted Chicken, Green beans, Carrots, Banana, Roll, and Milk  *Lucky Tray Day*	27. Domino's Pizza, Salad, Fruit Salad, and Milk
Weekly Alternate: Egg Salad Sandwich	30. Pierogis, Baked beans, Carrots, Banana, and Milk				

Alternate: Peanut Butter & Jelly or Weekly Alternate Lunch : \$2.85 (includes milk)

Milk: \$.40 (white or chocolate)

Please make checks payable to: St. Bernard School Food Service



\* This Menu is subject to change \*



**VOLUNTEERS NEEDED!** Please consider helping out with lunch whenever possible. 10:00-1:00 (Valid Clearances Required)